



## THE MENTOR PROGRAMME IN DENMARK

MENTOR AND MENTEE FROM DENMARK

# **Voluntary social mentors in Middelfart**

**Since january 2010 wee have  
educated 86 mentors**

## **Why voluntary social mentors ????**

- **Through the work with mentors who introduced vulnerable young people in employment.**
- **I discoveres that many young people ( between 15 – 32 years ) had complex problems which made it difficult for them to fit a job or education.**
- **We have few financial resources to help these people, compared to the need.**
- **Arose to the idea to transfer the experince gained from business mentors to voluntary social work.**

## Important.....

- Its important to emphasize , that the voluntary mentors, are not a substitute for the public system, but a complement
- And its important to maintain that the mentors are unpaid volunteers.
- Jobcenter Middelfart offers monthly experience meetings for only mentors, and regular joint activities where both mentors and mentees meet.
- Its often common neating, where lokal chefs voluntary help the prarticipants prepare the food, they afterwards enjoy together.

## **Mentors role.....**

- to be a role model for the mentee
- buffer and motivator.
- Support, encourage and advice the mentee in his or hers development

**The key issue is to maintain the youth in jobs, education or training and create structure in their lives.**

**The mentor support the young citizen in developing trust, motivation and ability to cope – and give them view of reality. It largely about strengthening citizens self- esteem.**

## How to recruit the mentors

Jobcenter Middelfart have advertsements in the local paper, and in autumn, we saw that people even came and joined the education, because they had heard so much good about the work.

## How to become a mentor.....

- It's a condition that every mentor go through training, during five educational evenings over 2½ months.
- The mentors learn what the mentor roles entails , including some theories and technigues to support mentors in ralation to vulnerable young people.
- Im using the method **appreciative inquiry**.

## Match mentee og mentor.

- It is vital that they have common point of contact or interest, which has nothing to do with the problems, the citizen are facing.
- A neutral starting point where mentor and citizen can meet equal terms
- It can just be a common interest in canary birds or inclination to go for a walk, that can start at good mentorship.

## Mentors in Jobcenter Middelfart

- 54% are publicly employed, 46% private sector employees.
- 56% women, 44% men.
- 46% are trained nurses, family assistants, teachers, educators or social workers.
- 23% have a vocational education.
- 29% have a higher education, such as engineering, midwife, librarian, etc.
- 2% are unskilled.

*A group of new educated volunteer social Mentors*



- Susanne is a teacher
- Tage is a engineer
- An opportunity to do something for young people
- April 2010 – the first meeting with Sanne

## *Library in Middelfart*



- ”Walk and talk”
- Café
- SMS

*Two helping hands to Sanne*



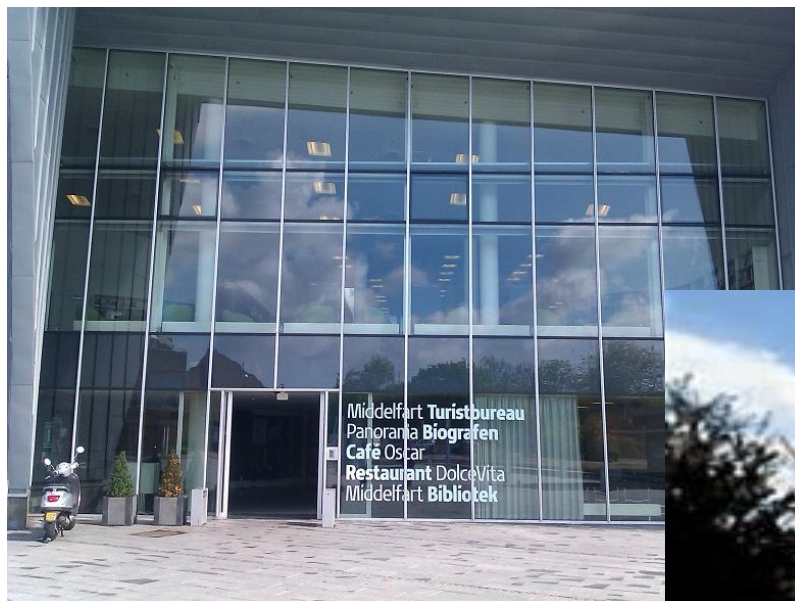
- Our home
- Our family
- Mentors of the year

## *My new family*

- Depression
- April 2010 –  
the first  
meeting with  
Tage and  
Susanne
- Clear in my  
memory



## *The local library*



## *Johannes Larsen*



## *Trapholt*



## *Dinner for Mentors and Mentees*

- Practical things
- The mentally part
- An easier time talking
- Active and outgoing
- Positive experience





←  <http://pigen88.blogspot.com/>

Start - bøger Film 9.5 Kunst 9.5 Privat 16.5 Sandhedens fakta 16.5

De bøger skal jeg ha læst opd. 22.5.11

søndag den 22. maj 2011

## Fuldstændig død af Charlaine Harris

Den 6. bog med Sookie Stackhouse, tager ikke lang tid at læse. Den er mega spændende!!  
Jeg synes at man får et meget bedre indblik i hvordan Sookie er personligt, og hvor hendes grænser er.  
Synes helt klart det er den bedste indtil videre i serien.



CHARLAINE HARRIS  
Fuldstændig Død

"H. C. Andersen" af Thorkild Borup Jensen

"Hypnotisøren" af Lars Kepler

"Kald mig prinsesse" af Sara Blædel

"Kvinden i buret" af Jussi Adler-Olsen

"Sankt Petersborg i rejsetasken" af Svetlana Wolder (bliver ikke anmeldt)

### Min bogliste

**Jannick**  
Helligdage...  
For 3 dage siden

**Min verden!**  
Billeder & Photoshop :D  
For 3 dage siden